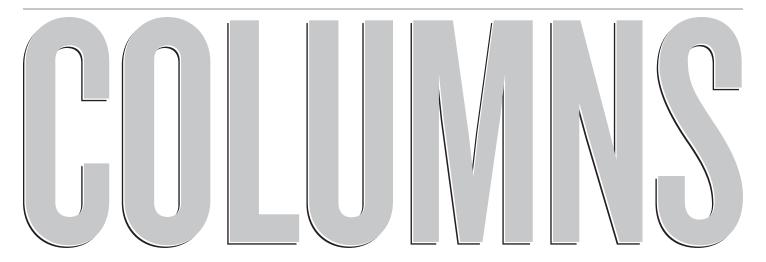
able & Efficient PG3 Gluten Free Bakery P3 Things I Learned At Lindley Elementary PG5 Lindley Park

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THE LINDLEY PARK NEIGHBORHOOD ASSOCIATION NEWSLETTER www.lindleyparknc.com

Luminaries will Light Up the Park December 4

Each year, Lindley Park residents light up the park area with more than 1,200 luminaries to welcome the holiday season. This year's event is scheduled for Saturday, December 4, starting at 4pm. Our lighting will coincide with the Girl Scouts' luminary display in the Arboretum. Lindley Park's luminaries will be placed on the streets bordering the park area: South Lindell, Willowbrook,



Park Terrace, west side of Spring Garden and east side of Walker Avenue (from S. Lindell to Ashland).

Volunteers of all ages – kids included – are needed to fill bags with sand, put candles in the bags, place luminaries around the park, and light the luminaries (adults only).

Set-up location is the Lindley Recreation Center parking lot. Bring the kids and hand shovels to scoop up sand. Adults, please bring a lighter/striker to light the luminaries. We'll have hot chocolate to keep you warm and holiday music to get you in the spirit.

Lindley Park residents can also purchase luminaries to place in front of their houses. We're selling packs of 10 candles and bags for \$7. Please make your checks payable to Lindley Park Neighborhood Association. The deadline to reserve your luminaries is Wednesday, December 1. You can pick up your luminary supplies and scoop your sand at the Rec Center starting a t 4pm on Dec. 4.

Contact for this year's luminaries is Larry Barnes. Contact him at larry. barnes@wolfhomescom or 294-6344. Additional coordinators for the luminary display are Steve Eury and Randy Little.

LINDLEY PARK LUMINARIES

Saturday, Dec. 4, 4 p.m. Helpers of all ages needed, hot chocolate served, Lindley Rec. Center parking lot





Emails to the Chair

BILL ECKARD



Has the LPNA ever taken a stance on bus service on Walker Avenue? I am a resident near this area and really question why

these huge (loud) buses need to be flying up and down a residential street when Market St and Spring Garden should provide adequate service. I'd be willing to volunteer towards an initiative to stop Bus activity on Walker if it's something the Association wanted to support!

Thanks, Nathan Myers

My husband and I have been homeowners on Walker for almost 5 years and there was an audible sigh of relief at the mere mention that Bus number 9 might be re-routed. I would hazard a guess that between the Arboretum and the 3 way stop, speeds of 50 are routinely achieved in either direction no matter what the time or who the driver.

If the rerouting is not going to happen, perhaps you can provide me direction in voicing these concerns.

Thank you very much for your time. Kind regards, Joan Hooks

I have lived for the past 10 years on the corner of Walker and Longview - where they placed the multiple stop signs. I have been retired since 2004 and work in the front garden daily in addition to walking three dogs daily (one at a time for my excursive) up and down Walker Avenue and within the neighborhood.

I have often wondered about the success of Route 9 as I never see more than 2 or three persons on the bus. Since the bus stops in front of my house (going in both directions) due to the stopsigns I often look up at it. I do appreciate the security offered by the multiple trips up and down Walker.

....continued on page 4

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Over the Fence

"MARY ON MANOR", LINDLEY PARK NEIGHBOR

NATURE'S CATHEDRAL

Shimmering soft sunlight, Lush carpets of green. Gentle breezes blowing, Cicadas that sing. Majestic trees, that reach for the sky. Their branches gently waving, to all who pass by.

Delicate blooms, with scents so sweet. An array of colors, for our eyes to meet. The winding creek, like a ribbon flows, On its endless journey over sand and stones.

Delicate butterflies, dance to and fro Fluttering their wings, like a panoramic show. Parents with children walking about, From the baseball field, the crowd gives a shout.

A menagerie of pets, wagging their tails. Just happy to be there exploring the trails. The butterfly fountain, sculptured hedges of green, The sparkling waters so cool and serene.

Then stately they stand in the midst of it all The sweet, soothing sounds of the chimes give a call. Like a symphony of nature conducted by the wind Embracing my soul, bringing inner peace from within

For some a place of quiet refuge, And others a gathering of friends, festivals, and fun Our neighborhood treasure, Magnificent in its splendor "Nature's Cathedral," "Our Arboretum!"



"FRIEND" LINDLEY PARK

If you're a Facebook fan, join the 714 others who have "friended" the neighborhood through the page, "Lindley Park— Greensboro, NC." It's a quick and easy way to post a note, ask a question, and share photos.

FALL FESTIVAL!

Hope Chapel is sponsoring a Fall Fest and auditorium fundraiser at Lindley Elementary School on Saturday, October 30th, from 11:30 a.m. to 2p.m. Contact Michael Van Patter, 207-1977 or michaelvanpatter@qmail.com.

Making Your Home Comfortable and Energy Efficient

By John Boelhower, SAGE Building Performance

Problem: My home is drafty and my energy bills are through the roof! I want to make my home more comfortable and energy efficient, but I don't know where to start!

Solution: an Energy Audit!

Energy costs keep rising as well as our energy requirements for our high-tech lives. How do we cut down on these costs while still meeting our energy and comfort needs? We have to figure out where we are losing and wasting energy. The goal of a professional energy auditor is to find where you are wasting energy and prioritize retrofit tasks that will save you the most energy and make your home comfortable and less drafty. Generally an initial energy audit will include the following steps:

Energy costs keep rising as well as our energy requirements for our high-tech lives. How do we cut down on these costs while still meeting our energy and comfort needs?

- Homeowner Interview: Information is obtained from the homeowner including their home's comfort and air quality issues as well as energy usage. This will allow the auditor to focus on the top concerns of the homeowner.
- Exterior and Interior Visual Inspection: The auditor will look for potential sources of air leakage, assess the presence and/or effectiveness of the insulation, identify moisture and potential indoor air quality problems, identify energy-saving appliance and lighting upgrade opportunities, inspect windows and doors for fit and performance and find potential fire and electrical hazards.
- Combustion Safety Testing: The auditor will assess any potential safety issues regarding combustion appliances (typically gas-fired furnaces, water heaters and ranges). It is very important that a combustion safety test be done if the auditor performs a blower door test.
- Pressure Testing: Typically an auditor will use blower door equipment to depressurize (suck air out of) a house. This is done to determine the amount and source of air coming into and out of a house.
- Evaluate Opportunities for Improvement: The auditor will compile all of the information gathered from the audit and suggest the most cost-effective improvements the homeowner should make.

...continued on page 4

Gluten-Free- "Guaranteed Tasty"

Over the last few years Lindley Park has become a niche for great eclectic restaurants and specialty shops. We have the restaurants on the corner, Josephine's on Spring Garden Street and the best Mexican restaurant in Greensboro, Kiosko's. Add to that Spring Garden Bakery, walking in is like walking into grandma's kitchen.

Now we have another grandma's kitchen, only this one is gluten free. Lindy's Gluten Free Goodies has opened their doors at 2823 Spring Garden St. Suite C, The Shops at Lindley. Proprietors Don and Lindey Clark, formerly from Ohio and new to Greensboro since November of 2009. In their past life's both were involved in music. Don was a Music Minister, they taught piano, voice, flute and trumpet.

Lindy was diagnosed as being wheat intolerant and after years of baking she thought "now what?" So she researched and experimented with other flours that didn't include wheat. The results were so good that her friends encouraged her to write a gluten free cookbook. With her daughter Kristen, a publicist, book coach, whose self described job description is to "suck books out of peoples head", developed a cookbook. You can find it at info@glutenfreebylindy.com. So, with great recipes and a business plan the natural progression was to open a gluten free bakery. We are lucky they chose Lindley Park.

...continued on page 11

University Animal Hospital

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EMAILS TO THE CHAIR, CONTINUED FROM PAGE 2

I have also viewed many near misses as cars have endeavored to bypass the bus when it stops and/or the busses must weave around between parked cars and approaching cars. Add in the skateboarders, children from the local daycare on a morning out in pulled wagons, small children in strollers, yellow school busses, dog walkers, joggers and those who repeatedly speed and run the stop signs and it is a circus!

I lived on Westover Terrace for 10 years prior to this and experienced less traffic!

I don't think Walker was ever designed for this kind of traffic. This is a residential neighborhood after all. There have been multiple street tarmac repairs. I have often felt resentment that the buses rumble in my neighborhood from 5:30 AM to 12:30 AM.... with (seemingly) no one riding them, especially when a wider more commercial street such as Spring Garden is only two blocks away and designed for a heavier traffic load in the first place.

I do wish to state that I am all for providing public transport for those who need it to get to school and work.

...continued on page 9

MAKING YOUR HOME COMFORTABLE AND ENERGY EFFICIENT, CONTINUED FROM PAGE 3

Other options include pressure testing HVAC ducts and infrared thermography imaging.

Energy efficiency retrofits can be very inexpensive but make a HUGE difference in your energy savings and thus lower your utility bills! Make sure in hiring an energy auditor and retrofit contractor that they are either Certified BPI Building Analysts/Envelope Professionals or HERS raters. These professionals will make sure that after air sealing, you have adequate ventilation and can ensure your energy efficiency retrofit is done properly.

Is there anything I can do now? YES! Air seal and insulate. If you are a knowledgeable and do-it-yourself homeowner log on to energystar.gov for guidance. Make sure not to make your home too air tight! Your home needs a certain amount of ventilation. A professional may better help you with this assessment. John Boelhower is a SAGE Energy Advisor with SAGE Buildling Performance. Reach him at johnboelhower@sagebuilding-performance.comlife everywhere.

How Many of These Did You Know About?

- For icy door steps in freezing temperatures: get warm water and put Dawn dish washing liquid in it. Pour it all over the steps. They won't refreeze.
- To remove old wax from a glass candle holder, put it in the freezer for a few hours. Then take the candle holder out and turn it upside down. The wax will fall out.
- Crayon marks on walls? This worked wonderfully! A damp rag, dipped in baking soda. The marks come off with little effort (elbow grease that is!).
- Permanent marker on appliances, counter tops (like store receipt in BLUE!) rubbing alcohol on paper towel does the trick.
- After purchasing a box of S.O.S Pads, take a pair of scissors and cut each pad into halves. A box will last twice as long and your scissors get sharpened.
- Blood stains on clothes? Just pour a little hydrogen peroxide on a cloth and wipe off the blood.
- Use vertical strokes when washing windows outside and horizontal for inside windows. This way you can tell which side has the streaks. Straight vinegar will get outside windows really clean. Don't wash windows on a sunny day. They will dry too quickly and will probably streak.
- Spray a bit of perfume on the light bulb in a room to create a lovely light scent when the light is turned on.
- Place fabric softener sheets in dresser drawers and our clothes will smell freshly washed for weeks. This works well with towels as well.
- Candles will last longer if placed in the freezer for at least 3 hours prior to burning.

Things I Learned at Lindley Elementary School

By Senator Don Vaughan, Class of 1963

I would like to share with you all the fact that I grew up in the Lindley Park neighborhood and in 1963 graduated from Lindley Elementary School From there I went on to Lindley Jr. High School and Grimsley Senior High School.

Looking back on my experience, I see things that I use in my life today. For instance, I realize that I benefitted from a smaller class size than you typically see today. My teachers were allowed to teach and weren't expected to do more with less. But most importantly I learned the significance of parental involvement. Parents seemed to be more engaged in the learning process and maybe that was one of the intangible benefits of an old-fashioned one-family income. My mother always made me feel like I was the priority in her life. She helped me with my homework and encouraged me to dream big. Between my teachers, my mother's support and lots of hard work I always had a sense that I could achieve whatever I set my mind to.

Even in the wake of billion dollar cuts to the state Budget, I look back to the things in life that I think, helped me succeed. There are some things on which we should not compromise such as smaller class sizes, quality teachers and giving them the tools in which to do their jobs. We have found ways to save money by cutting bureaucracy and eliminating state-mandated tests without sacrificing the classroom setting.

Lindley Park is very fortunate to have Lindley Elementary School with such a strong tradition of education. This, along with strong neighborhood participation, makes Lindley Park very desirable and as your state senator from Greensboro, I've made tough decisions but not at the expense of our future generation. I would appreciate your support for re-election. Early voting has started and Election Day is November 2nd.



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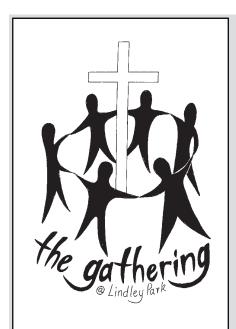
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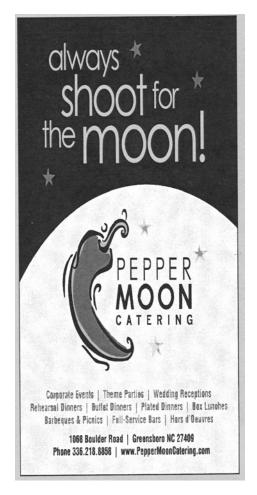
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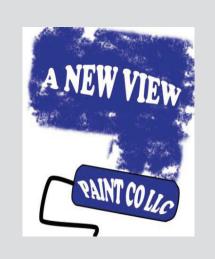






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Fall Fest & Lindley Auditorium Fundraiser

It's fall-- the weather is cooler, leaves are changing and Hope Chapel is celebrating with a Festival to raise funds for Lindley Elementary PTA's Auditorium Renovation Project. It will be held on Saturday, October 30th, from 11:30am - 2:00pm on the soccer/baseball field at the corner of Camden and Northridge. FREE activities include a jumping castle, hayride, photobooth, face-painting, and lots of games. Hot-dog plates will be available for \$5/adult and \$3/kids. 100% of those funds will go to the auditorium renovations.

We hope you'll bring some friends and come out for this great cause!



Lindley Park Bazaar

Saturday December 4, 2010 10am-2pm

Lots of home based business vendors. Neighborhood bake sale, held by the children of Lindley Park.

Proceeds to benefit the children of the Lindley Park Neighborhood, LPNA and the Lindley Park Rec Center. Come see our fabulous wares from some of the following representatives: Pampered Chef, 31, Silpada Jewelry, Willow House (formerly Southern living at home), makeup, stationary, crafts, etc.



Lego Robotics!

Larry and Charlotte Barnes have started a Lego Robotics team with 6 neighborhood boys here in Lindley Park. What exactly is that? Well, it's a lot of fun, and involves programming, building with legos and a LOT of teamwork (otherwise known as a good, patient coach). Lego Robotics can be found on the website: www.firstlegoleague.org. This site gave us all the information we needed to begin our team. FIRST is an acronym which stands for: For Inspiration and Recognition of Science and Technology.

The best way to summarize FIRST LEGO League is to say that it is a robotics program for 9 to 16 year olds (9 to 14 in the US and Canada), which is designed to get children excited about science and technology -- and teach them valuable employment and life skills. FLL can be used in a classroom setting but is not solely designed for this purpose. Teams, comprised of up to ten children with at least one adult coach, can also be associated with a pre-existing club or organization, homeschooled, or just be a group of friends who wish to do something awesome.

In FLL, the children do the work! And the

work is comprised of programming an autonomous robot (using the LEGO® MINDSTORMS® robot set) to score points on a thematic playing surface and create an innovative solution to a problem as part of their research project. These two elements - the Robot Game and Project - make up what we call our yearly Challenge. Like any other organized "sport", teams also fundraise, create a team identity, and go on field trips. There is an official tournament in which the kids will participate in the winter. The tournament is set up to show what the children have learned during their time together as a team. They must present a research project to a team of judges and show their teamwork skills. They also must complete the Robot Game in 2.5 minutes along with other teams from around the area.

The FLL Core Values are the cornerstones of the FLL program. They are among the fundamental elements that distinguish FLL from other programs of its kind. By embracing the Core Values, participants learn that friendly competition and mutual gain are not separate goals, and that helping one another is the foundation of teamwork.

- We are a team.
- We do the work to find solutions with guidance from our coaches and mentors.
- We honor the spirit of friendly competition.
- What we discover is more important than what we win.
- We share our experiences with others.
- We display Gracious Professionalism in everything we do.
- We have fun.

We've been meeting weekly since July. We have taken a field trip to The Wake Forest Center for Regenerative Medicine in Winston Salem. Also, we have put on a mock presentation of the boys' research for the parents. The work of designing our robot and completing the research has now begun. We look forward to competing in a tournament this winter. Despite the outcome we feel the experience has been a positive and rewarding one for the boys as well as the coaches. Our intention is for these boys to stay together as a team, for the next few years.







Fall Fest

This year's Fall Fest seemed to be the largest ever. With over 20 delicious entries for the chili cook-off the competition was fierce. Thank you goes to Carrie Little and Charlotte Barnes for all of their hard work coordinating the event. It was a lot of fun. Thanks also to Stix and Stones, Kiosko, Coffee Break and Spring Garden Bakery for sponsoring the prizes. The pictures tell the story.

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EMAILS TO THE CHAIR. **CONTINUED FROM PAGE 4**

There are several group homes nearby and there are special smaller buses that drive to accommodate them so they have their own transport and appear not to utilize Greensboro Transit. UNC-G has its own transport system in place for the many residents of their UNC-G apartment complexes and we also have the HEAT transport available in this neighborhood....so many options for so few passengers! I hope the City will decide to abandon Route 9 and we can restore some peace to Walker Avenue and this neighborhood.

Marta Force

FROM THE CHAIR

These are just three of the several emails and phone calls that I have received regarding Route 9 on Walker. Bruce Adams is the Senior Transit Planner for the Greensboro Transit Authority (GTA). He is responsible for the auditing and planning bus routes. I have met with Bruce and GTA'S consultant about Route (9). It seems that the College Park neighborhood also has major complaints.

According to GTA's data there are over 400 daily riders, three sightless daily riders and several parents living outside of Lindley Park that need to attend parent teacher events at Lindley Elementary. Why can't they use Market or Spring Garden? Market is a thoroughfare, Spring Garden is a connecter and Walker is a feeder street. The traffic is dangerous on Market and crowded on Spring Garden.

GTA has stated to me that the buses are monitored by GPA and onboard computer systems to evaluate time at stops, ridership and speed. That may be true however; someone is not reading the data. On September the 15th, around three pm, I tailed a bus from Market going east on Walker. From Market on Walker to Holden, the bus got up to 46mph. After stopping at the bus stop it proceeded across Walker and again stopped right on the other side of Holden and picked up riders. Then continuing east to Ashland the speed was 43mph. After picking up two passengers at Ashland it proceeded east to Longview. The speed reached 42mph and was only slowed by cars parked on Walker. The remaining trip from Longview to Elam speeds were between 35 and 38 mph. Walker actually narrows and there is more on street parking that restrict speed.

... continued on page 11





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Neighborhood Walk, November 1st

The walking tour of Lindley Park (designed to provide City leaders the opportunity to see the neighborhood and learn what we are pleased with and what we are concerned about) is coming up. The date is November 1st. Susan Taaffe has done a considerable amount of work on this project and the route that she has proposed is as follows:

- Beginning at the corner of Elam and Walker and walking along Elam to Spring Garden and turn right. [Here we will highlight the active commercial district that abuts residential. Then, discuss the active rezoning and redevelopment along Spring Garden.]
- Turn right on Scott.
- Left on Sherwood.
- Left on Northridge.
- Right on Spring Garden.
 Right on Howard. [By zigzagging from
 Spring Garden to the smaller, quieter
 streets, we will demonstrate the proximity
 of the commercial and residential and the
 need for careful redevelopment.]
- Left on Sherwood.
- Right on Lindell [Here we show the park

- which also serve as our association event location.]
- Van pick-up at Lindell and Springwood.
 Take the van to the Lindley Recreation
 Center and pool by way of Springwood.[
 We value the Rec Center for its programs
 like after school care and sports. We also
 use it for our business meetings. Many of
 us have used the pool over the years and
 wonder what the future of the pool will be
 with the opening of the new swim center.]
- Then drive to the Arboretum Rest Area.
 [Here we can take a break and discuss
 other issues. This is a good place for more
 neighbors to gather to show support for
 the neighborhood and ask questions of the
 City officials.]
- Next, we want to look at the Craven School and Lindley Park M anor Apartment complex from Tryon Street. [One of the owners of Lindley Park Manor is available to talk about future plans for the complex. He has no immediate plans for redevelopment but does for the distant future. The land is currently zoned to allow denser housing. The Craven School property is underutilized.

- Changes to both large properties could impact the rest of the neighborhood.]
- Then we will ride in vans along Walker Ave. to end at the starting point. [Along Walker we have the success story of traffic calming devices the City installed several years ago. We still have a speeding problem. We have children crossing the street to get to Lindley Elementary. This is where we point the way to the elementary school. We should stop along this stretch to discuss the value of the neighborhood school.]

All neighbors are invited to meet the City officials at the Arboretum area. Bring your concerns and questions and feel free to address them. It would be good for Lindley Park to haveneighborhood ambassadors there. Please come if you can. Any questions please email Susan atsuasntaaffe@bellsouth.net



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Come worship with your neighbors!

EMAILS TO THE CHAIR, CONTINUED FROM PAGE 9

I was uncomfortable driving my little 1988 Mitsubishi Mighty Max at those speeds through our neighborhood. I know the pedestrian use on Walker and I can't imagine trying to stop a several ton vehicle in seconds. With that being said, we need to demand that GTA buses respect our neighborhood. First, they have to obey the 30 mph at all costs. Second, GTA should look at 'The Heat" size buses. Third, take a look at the bus stops and combine some and eliminate others.

Over the next month we need to gather our own actionable data. If you fall in behind a bus and you know it is speeding, write down the speed, the date and time of day. Email me at bill@billeckard. com or email Bruce Adams Bruce.Adams@greensbor-nc.gov and copy me. I will arrange another meeting with GTA and we will get results.

GLUTEN-FREE, CONTINUED FROM PAGE 3

The pumpkin muffin was like eating fresh pumpkin pie and the blueberry muffin put you in the middle of the blueberry patch. The taste is guaranteed. Along with the goodies comes a special cup of Boresha 100% organic Arabica coffee. You can also enjoy Homeland Creamery hormone free ice cream on a gluten free waffle cone.

Special order cakes, pies and bread are also available. All are preservative free and baked just for you. Be sure and allow time for your order to be filled because they are made to order.

Muffins are \$2.97, cakes and pies range from \$38.00 to \$42.00. The bread is a 1lb 12oz sandwich loaf for \$8.00. Go to the website at www lindysgoodiesbakery.com for information. Hours are from 8:00am to 6:00pm Monday through Saturday. When you go in be sure to tell Lisa Young or Amy Wilson that you are Lindley Parkers and enjoy your muffin. You won't be disappointed.

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CALENDAR EVENTS

October 30
Fall Fest & Lindley Auditorium Fundraiser 11:30am-2pm, Lindley Elementary

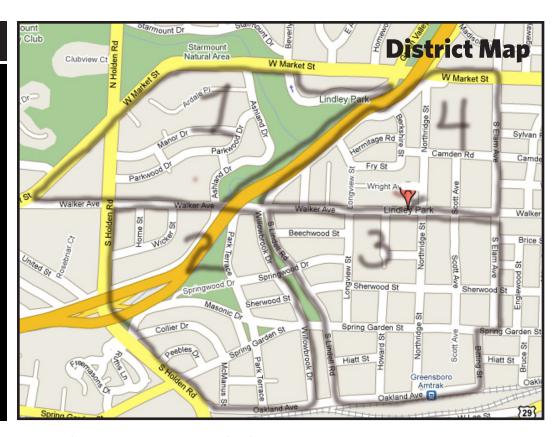
November 1 Neighborhood Walk

November 2
Vote

December 4
Bazaar- 10am-2pm Lindley
Rec. Center

December 4 Luminaries- 4pm Lindley Rec. Center

December 25
Merry Christmas!



Lindley Park Neighborhood Association Supporters, 2010

With neighbor support, the association is able to sponsor the annual Easter Egg Hunt, Spring Fling, Fall Fest, and Holiday Luminaries. Your contributions also helped launch our Lindley Park Web site.

Dr. Brooke Schwabenton & Murphy Townsend

Michele and Ronnie Smith

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Jerry & Anne Baumgartner

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J.P. and Palmer McIntyre

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Teri Rollman

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2010 LPNA CONTRIBUTION FORM

Now's a good time to make a contribution to your neighborhood association. Please fill out the form and mail it with your check to the address listed below. If you'd like to be involved with any of the committees, or activities, please check your preference.

Name(s):	Address:
Email:	Home Phone:
PLEASE CHECK YOUR INTEREST(s):	
☐ Environmental Issues ☐ FUN-raising ☐ Park Preservation ☐ Website ☐ Pul	blicSafety/Public Words (speeding, burglary, sidewalks, etc)
☐ Zoning Issues ☐ Neighborhood Loing-Range Plan ☐ Social Activities (spring, fall events & Christmas Luminaries)	
☐ Newsletter Volunteer — help distribute in your area	
\$\$ household contribution enclosed (\$15 suggested) \$ Date:	
Please make checks payable to LPNA and mail to: LPNA c/o Palmer McIntire, 622 Scott Ave.Greensboro NC 27403	